

Character Defects/Flaws			Character Assets	
Abrasive	Guilty Conscience	Rageful	Accepting	Lawful
Aggressive	Hateful	Rebellious	Adventurous	Loving
Aloof	Head-strong	Reckless	Agreeable	Moderate
Angry	Hostile	Resentful	Analytical	Modest
Anxious	Humorless	Rigid	Approving	Nice
Apathetic	Immature	Rude	Assertive	Open
Argumentative	Impatient	Rueful	Attention-giving	Open-minded
Arrogant	Impulsive	Sarcastic	Attentive	Optimistic
Attention-seeking	In-authentic	Secretive	Bold	Organized
Belligerent	Inconsiderate	Self-centered	Careful	Outgoing
Bigot	Inconsistent	Self-condemning	Cautious	Patient
Bitter	Indecisive	Self-doubting	Cheerful	Peaceful
Bossy	Indulgent	Self-hating	Concerned	Permissive
Braggart	Inhibited	Self-important	Confident	Persistent
Careless	Insecure	Selfish	Considerate	Playful
Closed-minded	Insensitive	Self-justification	Content	Polite
Cold-hearted	Intolerant	Self-pity	Controlled	Punctual
Complaining	Irritable	Self-seeking	Cooperative	Rational
Compulsive	Isolated	Short-tempered	Courageous	Realistic
Controlling	Jealous	Shy	Decisive	Relaxed
Critical	Judgemental	Snob	Dependable	Reliable
Cruel	Lazy	Stingy	Disciplined	Responsible
Deceitful	Lonely	Stubborn	Extroverted	Romantic
Defensive	Lust	Submissive	Faithful	Selfless
Denial	Lying	Superficial	Flexible	Self-liking
Dependent	Manipulative	Thin-skinned	Forgiving	Self-sufficient
Depression	Materialistic	Thoughtless	Free	Sensitive
Detached	Negative Thinking	Tight	Friendly	Serene
Discriminatory	Neglectful	Timid	Generous	Sociable
Dishonest	Obsessed	Undependable	Gentle	Specific
Disorganized	Opinionated	Undisciplined	Giving	Spiritual
Distant	Over-cautious	Unemotional	Good Listener	Steady
Distrustful	Overly-emotional	Unforgiving	Grateful	Straight-forward
Dominating	Passive	Unfriendly	Guilt-free	Thoughtful
Dramatic	Perfectionistic	Unrealistic	Helpful	Tolerant
Egocentric	Perverted	Unromantic	Honest	Trusting
Envious	Pessimistic	Unscrupulous	Humble	Unassuming
Evasive	Possesive	Unstable	Industrious	Warm
Fearful	Prejudiced	Vague	Involved	Willing
Flighty	Preoccupied	Vain	Kind	Witty
Forgetful	Pride	Vindictive		
Gluttonous	Procrastinator	Vulgar		
Gossipy	Promiscuous	White-knuckled		
Grandiose	Prudish	Withdrawn		
Greedy	Quarrelsome	Workaholic		